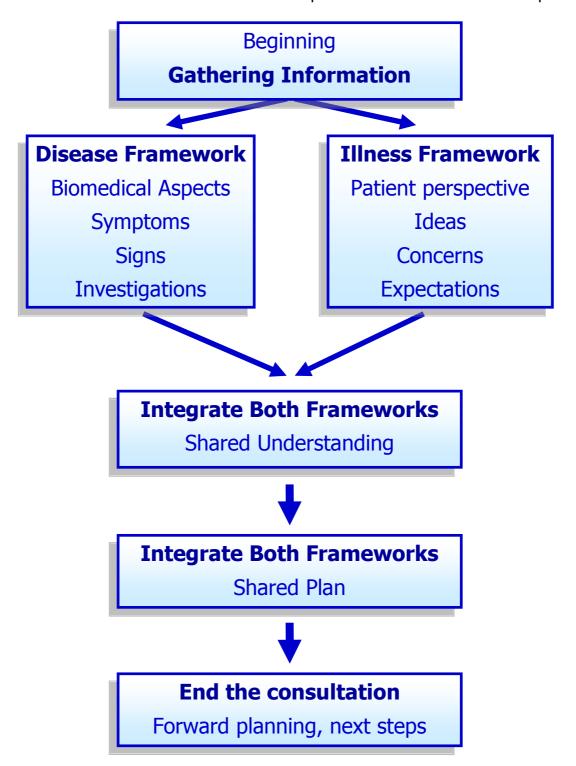
Basic Reminder of Cambridge-Calgary Consultation Model

This is a brief diagram showing how this consultation model puts equal emphasis on both the medical and patient perspectives.

It is important to gather all relevant information and share understanding of the issues **before** moving on to discuss management options.

A Shared Understanding means that:

- The Doctor understands the patient's ideas and views
- The Patient understands the medical aspects and effects of treatment options



A Consultation Navigation Tool

Find out why the patient has come Check how the problem is affecting, them, their job, their family, etc Explore the patient's ideas, concerns, expectations, and health beliefs **Discussing Management** Summarise, check you have understood the problem Examination, physical, mental Explain the problem or diagnosis, linking explanation to the patient's ideas and concerns Discuss management options **Gathering Information** Seek patient's preferences Explain the chosen management plan, treatment, tests, etc. Check for drug allergies Safety net Plan the next steps Check patient understanding